




***EARLY STAGE BREAST CANCER –
CHOOSING YOUR SURGERY:
Personal Decision Form***

There are two types of surgery used to treat early stage breast cancer— mastectomy or lumpectomy and radiation. Each has possible benefits and risks. This form and video, together with your healthcare team, will help you choose the surgery that is best for you.

Please return this form with the video.
Your answers will tell us three important things:

Understanding Breast Cancer	
	How well we are doing our job of giving you information?
Goals and Concerns	
	What matters most to you?
Making Choices	
	How far along you are in decision making and what else do you need?

**BEFORE WATCHING THE VIDEO,
PLEASE ANSWER QUESTION 1 – 2**

1. Have you talked with a doctor about surgery for breast cancer?
 Yes
 No
2. At this time, which treatment option are you leaning toward?
 Lumpectomy and radiation
 Mastectomy
 Unsure

NOW, PLEASE WATCH THE VIDEO

Understanding Breast Cancer



**AFTER WATCHING THE VIDEO,
please check one answer for each question.**

3. For most women with early breast cancer, how much would waiting 4 weeks to make a decision about surgery affect their chances of survival?
- A lot
 - Some
 - A little or not at all
 - I don't know
4. **With** treatment, about how many women diagnosed with early stage breast cancer will eventually die of breast cancer?
- Most will die of breast cancer
 - About half will die of breast cancer
 - Most will die of something else
 - I don't know
5. After which treatment is it more likely that women will need to have another operation to remove the breast cancer?
- Lumpectomy
 - Mastectomy
 - Equally likely for both
 - I don't know
6. On average, which women with early breast cancer live longer?
- Women who have a mastectomy
 - Women who have a lumpectomy and radiation
 - There is no difference
 - I don't know
7. On average which women have a higher chance of having cancer come back in the breast that has been treated?
- Women who have a mastectomy
 - Women who have lumpectomy and radiation
 - There is no difference
 - I don't know

Goals and Concerns



**On a scale from 0 to 10, where
0 is not at all important and 10 is very important:**

How important is it to . . .	Not at all important										Very important
	1	2	3	4	5	6	7	8	9	10	
8. Keep your breast?	1	2	3	4	5	6	7	8	9	10	
9. Remove your entire breast to gain peace of mind?	1	2	3	4	5	6	7	8	9	10	
10. Avoid having the cancer come back in the treated breast	1	2	3	4	5	6	7	8	9	10	
11. Avoid having radiation?	1	2	3	4	5	6	7	8	9	10	
12. What other things are very important for you for this decision?											

13. What other things are you very concerned about for this decision?



Making Choices

14. At this time, which treatment option are you leaning toward?

- Lumpectomy and radiation
- Mastectomy
- Unsure

	Yes	No
15. Do you feel sure about the best choice for you?	<input type="checkbox"/>	<input type="checkbox"/>
16. Do you know the benefits and risks of each option?	<input type="checkbox"/>	<input type="checkbox"/>
17. Are you clear which benefits and risks matter most to you?	<input type="checkbox"/>	<input type="checkbox"/>
18. Do you have enough support and advice to make a choice?	<input type="checkbox"/>	<input type="checkbox"/>

About Your Breast Cancer

The following ask about some details about your breast cancer, your healthcare team can help you fill this in:

19. What size is your tumor? _____ cm

20. What stage is your cancer?

21. What other questions do you have about your cancer?

About You

21. How old are you? _____ years old

22. Race/ethnicity?

23. What is the highest level that you completed:

- 8th grade or less
- Some high school
- Graduated high school or GED
- Some college or technical school
- Graduated from college
- Postgraduate school or degree